



# Navenby Church of England Primary School

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5<sup>th</sup> March 2026

## PE in a Bag

Dear Y3 Parents and Carers,

Carre's have introduced a new initiative which, through our partnership with Carre's, we have signed up for. Below is an explanation of what it entails:

Carre's are delighted to introduce the **PE in a Bag** initiative, delivered by **CGS Outreach**, which aims to encourage children and families to be more physically active together.

CGS Outreach's mission is to help as many people as possible enjoy being active. We have partnered with them to support this goal, and your child has been selected to take part in this exciting programme over the next 3 weeks.

Inside your child's PE in a Bag is:

- **One piece of PE equipment**
- **A challenge card** with a range of fun activities that can be completed using the equipment

Children can complete the challenges independently or, even better, involve friends and family to make it a shared experience.

Your child will take the bag home for the weekend and **must return it to school on Monday**. Each week, they will receive a different bag containing new piece of equipment and challenges. In total, your child will receive **three different bags**.

We encourage families to:

- Help children choose a **safe space** to complete the activities
- Supervise where appropriate
- Give permission before using any household items

If possible, we would love to hear about how your child got on. Please feel free to share experiences **sensibly and safely**, in line with school guidance.

We hope you enjoy taking part in the challenges and thank you for supporting your child's physical activity.

Kind regards,

**Mr Elliott and The CGS Outreach Team**

