

# WALKING NETBALL

Get a wiggle  
and a  
giggle on!

## TUESDAYS

### 2pm – 3pm

at

## Wellingore Memorial Hall

Memorial Hall Drive, Wellingore, LN5 0BD

Join us for fun and gentle exercise related to netball.  
A great way to stay active with a friendly group.

No previous netball experience required –  
all you need is a wiggle and a giggle!

Suitable for all ages and fitness abilities.

### NO RUNNING | NO JUMPING

*Indoor and outdoor courts*

**£3 per session**



If you would like to join us, or for more information,  
contact Wendy:

Email: [anugent248@btinternet.com](mailto:anugent248@btinternet.com)

Call or text: 07999 582 779

