

Outdoor and Adventurous Activities Assessment

Year 3	Year 4	Year 5	Year 6
I can use simple diagrams or plans to orientate myself	I can use plans and diagrams to help me go from one place to another	I can use maps and diagrams confidently to orientate myself and to move to and from a number of different points	I can orientate myself and my peers confidently through familiar and less familiar environments
I can work and behave safely	I can co-operate with others, discussing how to follow trails and solve problems	I can plan sensible responses to physical challenges or problems, talking and working with others in the group	I can show initiative and leadership qualities when working in a group
I can recognise that different tasks make my body work in different ways	I enjoy solving problems or challenges I am set	I can recognise some of the physical demands that activities make on me	I can prepare well for challenges, showing an awareness of the safety of others
I can talk about how I tackle tasks	I can identify parts of my work that are successful	I can respond to feedback on how to go about my work differently	I can identify strengths and weaknesses in how challenges are approached so that I am successful.
			I can respond to problems in a well thought out, planned and calm way